



ONE-TIME PSYCHIATRIC ASSESSMENT CLINIC (1PAC)
PATIENT QUESTIONNAIRE

To be completed in your doctor's office and sent with referral package. You may also fill out form at home, particularly if you don't have all the information available. In this case, please return to your doctor as an appointment cannot be booked until received.

Completing this form will help us understand your needs and allow us to serve you better!

Our goal is to help your family doctor understand what you are going through and what can be done to make things better for you. We are not able to provide you with ongoing psychiatric care through this program.

Date: _____

Name: _____

LAST

GIVEN

MIDDLE

Birth Date: (DD/MM/YY) _____

Gender (please circle): MALE FEMALE TRANSGENDER

Best contact number: _____

Can we leave a message (please circle)? YES NO

Relationship Status: _____

What type of place do you live in? _____

Who do you live with? _____

Current Work/School: _____

Other financial support: _____

Current problems that you want help with:

Current stressors in your life:

Medications/supplements you take now:

Medications you have tried in the past:



Interior Health

Current Professional and Personal Support:

Previous counselling/Psychiatrists:

Admissions to hospital for emotional/mental health reasons:

Are you, or have you been in an alcohol/drug treatment program? Which?

Have you been charged, convicted, on probation/parole, or in jail? If so, what for?

Medical illnesses/surgeries/injuries:

Where were you born? _____

Where did you grow up? _____

Tell us about your: (for example, name, age, occupation, health, personality)

Mother: _____

Father: _____

Siblings: _____

Children: _____

Partner: _____

Describe your schooling:

What jobs have you done?

What are your hobbies and recreational activities?

What are your expectations from us?

To be filled out after interview
Have we met them? If not, what was disappointing?

